



58,750

hours of Lived Experience expertise, to increase understanding, model Recovery and support people to build lives they wish to live.

15,781

Recovery focused interactions with people supporting them to have a voice, agency and control.

224,712

social media impressions.

Lived Experience leadership and representation to

246

We collaborated with community organisations during the year, influencing local services with people's voices and experiences.

12,047

opportunities for people to have agency in building their lives.

77

decision making boards, steering groups and system meetings, participating in

429

Recovery Education courses delivered in partnership throughout the year.

980

meetings during the year.