

Opportunities For Involvement in National Developments in Mental Health

If you have personal experience of mental distress, or provide friends/family carer support to somebody who has, then this may be for you.

The NMH DU (National Mental Health Development Unit – www.nmhdu.org.uk) is part of the Department of Health, working to convert national policy in mental health and social care into active use. They develop methods, practices and resources that help improve health and social care services.

They need the whole of their work to involve people with experience of mental health problems, and the friends-and-family who support them, so the best possible results can be achieved for all concerned.

They have opportunities for people to get involved now.

If you are already involved in this work, or want to find out about the work and how people are supported, the following events may interest you:

NMH DU Involvement Network Meetings

Direct Experience / Service Users: ----- Monday 1st February

Friends and Family / Carers: ----- Thursday 11th February

Registration/refreshments 10.30, for 11.00 – 3.00 including lunch

– at the Head Office of Together, 12 Old Street, London EC1V 9BE

The event is free, and we can arrange travel / pay reasonable expenses.

Or contact Phil Partridge, nmhdu@nsun.org.uk, 020 7820 8982, 07872 060924 or 0845 602 0779 (local), NSUN, 27-29 Vauxhall Grove, London SW8 1SY

I want ... to attend the meeting on 1st Feb / 11th Feb (please show which)

Name Phone,

Email,

Address,

Service User / Carer (please show which) / Role

Other comments or requirements: